NBCUSA Federal Faith-Based Initiative
H.O.P.E. Health and Human Services Partnership
www.hopenbc.com

2016 Suggested Health and Wellness Observances
Adapted from the Rising Sun Usher Federation of Northwest Mississippi

JANUARY 2016
† National Volunteer Blood Donor Month
† Thyroid Awareness Month

FEBRUARY 2016
† American Heart Association American Heart Month/Wear Red Day (February 5)
† NBCUSA H.O.P.E. National Black HIV/AIDS Awareness Sunday (February 7)
† NBCUSA H.O.P.E. Wear Red Sunday (February 14)

MARCH 2016
† NBCUSA H.O.P.E./American Kidney Fund Kidney Sunday (March 6)/World Kidney Day (March 13)
† National Women and Girls HIV/AIDS Awareness Day (March 10)
† Taste Test Sunday (March 20)/American Diabetes Association Diabetes Alert Day (March 22)
† National Colorectal Cancer Awareness Month

APRIL 2016
† Minority Health Month
† World Health Day (April 7)
† Sexual Assault Awareness and Prevention Month

MAY 2016
† American Stroke Association American Stroke Month
† NBCUSA H.O.P.E. Mother’s Day Bells for Remembrance Breast Health Awareness (Sunday, May 8)
† National Mental Health Month
† Arthritis Awareness Month

JUNE 2016
† National Cancer Survivor’s Day ® (June 5)
† NBCUSA H.O.P.E. Summer of Health and Wellness Vacation Bible School/Summer Camp (June and July)
† Fireworks Safety Month (through July 4)
† Men’s Health Month
† Cataract Awareness Month

JULY 2016
† NBCUSA H.O.P.E. Summer of Health and Wellness Vacation Bible School/Summer Camp (June and July)
† Fireworks Safety Month (through July 4).
† Minority Mental Health Month

AUGUST 2016
† National Minority Donor Awareness Day (August 1)
† Easter Seals Make the First Five Count (August 7)
† National Immunization Awareness Month
† National Breastfeeding Month

SEPTEMBER 2016
† National Childhood Obesity Awareness Month
† Sickle Cell Disease Awareness Month
† NBCUSA H.O.P.E. Senior Recognition Sunday (September 11)
† NBCUSA H.O.P.E. Let’s Move Weekend (September 16-18)

OCTOBER 2016
† National Church Safety and Security Month
† National Breast Cancer Awareness Month
† National Bullying Prevention Month

NOVEMBER 2016
† Diabetes Awareness Month/Diabetes ID (I Decide) Day (November 11)
† Pancreatic Cancer Awareness Month
† National Alzheimer’s Disease Awareness Month and National Caregiver Month
† American Cancer Society Great American Smoke Out (November 17)

DECEMBER 2016
† World AIDS Day (December 1)
† National Drunk & Drugged Driving (3D) Prevention Month
† National Influenza Vaccination Week (December 5-11)

Key:
Bold – NBCUSA H.O.P.E. sponsored events
Italicized – part of 5 year rotation

For more information or to volunteer to be an observance co-chair, e-mail hope@nationalbaptist.com.